

VOLUNTEERS FOR PEACE VIETNAM

Volunteers For Peace Vietnam (VPV) is a non-profit, voluntary organization founded in 2005 with the aim to promote voluntary service as a mean of cultural and educational exchange among people, for peace and friendship, and as an approach to address social problems.

VPV hosts international volunteers from different countries and places them in suitable projects depending on the interest of the volunteers and the needs of local communities. VPV also brings the opportunities for Vietnamese to join voluntary projects around the world. By joining our programs, volunteers will experience inter-cultural living and working environment and have a chance to help those in needs.

Over the past 10 years VPV has welcomed thousands international volunteers from over 30 different countries. VPV is working in various locations in Vietnam, including Hanoi and Ho Chi Minh City. VPV offers programs for individual volunteers and group volunteers, for duration from 1 week to 1 year. Our projects cover areas of education, child care, animal rescue and care, environment and community development, public health and medical internship, cultural heritage preservation and youth action.

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PROGRAM TEAM

STAFF

There are two departments: Logistics and Program. The Logistics team is in charge of providing food and accommodation for volunteers as well as other logistic works. The Program team is responsible for project coordination as well as volunteer support and guidance.



Programme Team

OFFICE AND VOLUNTEER HOUSE





VPV office and volunteer house is a 5-storey building on street No.23, a residential area with a lot of shops surrounding. There are 6 bedrooms over 3 top floors, with the capacity of hosting up to 40 persons at a time. The normal number is in between 20-30 volunteers.

Address: No. 63, street 23, Tan Qui ward, District 7, Hochiminh City, Vietnam.

(In Vietnamese: Số 63, dường 23, phường Tân Qui, quận 7, thành phố Hồ Chí Minh, Việt Nam)

In the house, there are TV, PC, free wifi, fridge, washing machine, air conditioner, hot water, provided meals as well as cooking equipment, common area & terrace. Bunk-beds, fans, sheets, pillows, mosquito-net & blankets are provided. Bathroom is inside every private bedroom with shower (cold & hot water using solar energy) and toilet; please bring your own towel.

There is a permanent cook who prepares a wide variety of delicious and authentic Vietnamese dishes with locally sourced, fresh produced daily from Monday to Friday. At the weekend, the cook will prepare and store food on the fridge and kitchen; apart from this food, volunteer are freely to cook food in the kitchen.

For some special cases, when volunteers work at projects in other places than Ho Chi Minh city, they will stay at the project site.

PROGRAM FOR INDIVIDUAL VOLUNTEERS (IVP)

This program offers volunteers an opportunity to give back to the local communities as an individual while learning and improving necessary skills for life in a multicultural environment. It is up to the volunteers to decide the length of their stay, ranging from 01 week to 01 year. Joining this program, volunteers may not see the impact right away, but together will all other individual volunteers, they are making long-term and sustainable impacts on local projects.

MAIN ELEMENTS OF THE PROGRAM (what the fee is included)

- Pick up from Tan Son Nhat (Ho Chi Minh city) international airport
- Accommodation at Volunteer House (Peace House)
- Food (3 meals per day) & drinking water
- 1 to 3-days Orientation training
 - o Presentation of aims and structure of VPV & ist's projects
 - o Short introduction to Vietnam and tourist destinations recommendation
 - o Practical information and arrangements
 - o Basic Vietnamese & local travel guide
 - Visit to Host Placement(s)
- 1- day Mid-term Evaluation (for those who stay for 6 months and over)
- 1- day Final Evaluation
- On going support and supervision during the program (24/7 support)
- Local transportation to the project on working days

What is not include in the fee

- Air fare, visa and travel/medical insurance
- Personage expenses during program
- Meals/Accommodation out arranged by personage plan

THE ARRIVAL AIRPORT, START DATES, ARRIVAL DAY AND HOLIDAY

The arrival airport

The arrival airport is Tan Son Nhat international airport in Ho Chi Minh city, Vietnam (or Ho Chi Minh city international airport). The an another name is Saigon international airport. There are direct connection/flights from this airport to most international airports in the world (North of America, Europe, Asia, Australia, etc).

The start dates

Our projects start officially on every Tuesday, except Tuesday 9th Feb 2016 (as it is holiday).

For Education project, the holiday time is between 2-14 Feb 2016.

Arrival day and pick-up

The arrival dates is Monday or Tuesday

The pick-up time from 6AM to 10PM on Monday or Tuesday.

If volunteer arrives in pick-up time (Monday or Tuesday), volunteer will be picked up at our cost from airport to volunteer house.

If volunteer arrives out of pick-up time, there will be 2 options.

Option 1

Volunteer will be picked up by our staff from airport to the volunteer house. There is a surcharge:

+ Pick-up: 50 USD

+Extra day: 15 USD per day for accommodation (apply only for those who arrives before Monday)

Option 2

Volunteer will travel to their own accommodation by their own budget. On the pickup time (Monday or Tuesday), volunteer will be picked up from their own accommodation to our house by our staff member at our cost. The pick-up time and venue need to be confirmed 1 week in advance.

Volunteer can arrives by themselves if they are traveling and not sure about exact arrival time. In this case, the arrival time should be in between 8AM-6PM on Monday or Tuesday and need to be confirmed 1 week in advance.

We can recommend some hotels with affordable cost for volunteers if they request. The cost is about 12-50 USD per night.

HOLIDAYS

NATIONAL HOLIDAYS

On national holidays, people don't have to come to work, and there may be celebration in some places.

- 1. New Year Day, January 1st.
- 2. TET HOLIDAY (Vietnamese Traditional New Year) according to Lunar Calendar, officially from February 08th to February 14th, 2016.

This is the biggest festival in the year for Vietnamese people. This is time for families to gather and remember their ancestry. People also visit pagodas to pray for health and luck for the coming year.

Officially, people get about 1 week holiday during this occasion. But Tet atmosphere may come 1 week before and stay with them for quite a while. Thus, the work rythmn before and after Tet holiday is rather slow.

Volunteers who stay in the country during this occasion are encouraged to spend the holiday on travelling or with a host family to learn more about this tradition.

3. Hung King's Day, March 10th according to Lunar Calendar, in 2016 it will fall on April 16th.

This is the day to remember Hung King, the first king of the country. In this day, people often go to Hung King Temple in Phu Tho province, about 80km to the Northwest of Hanoi to pray.

4. Liberation Day, April 30th

On April 30th, 1975, Northern and Southern Vietnam were united.

- 5. International Labour Day, May 1st
- 6. National Day/ Independence Day, Sep 2nd

On September 2nd, 1945, Ho Chi Minh, the first president of Vietnam, read the Declaration of Independence, opening the new development phase of the country.

OTHER SPECIAL DAYS

On these days, there will be some kind of celebration, but people still go to work as usual.

- 1. International Children's Day, June 1st
- 2. Mid-Autumn Festival, August 15th according to Lunar Calendar, in 2016 it will fall on September 15th.
- 3. Teachers' Day, November 20th
- 4. International Day for People with HIV, December 1st
- 5. International Day for People with Disabilities, December 3rd
- 6. International Volunteers' Day, December 5th

7. Christmas Day, December 25th.

PROGRAM MINIMUM TIME, FEES, CONFIRMATION & CANCELLATION

Project minimum time

Depend on the nature of project, there will be different minimum time required per each project.

Project type	Minimum time
Teaching English/ Sports education	2 weeks
Child care (including caring for orphan children or caring for disabled children)	1 week
Animal rescue and care	1 week
Local NGOs support	8 weeks
Medical internship	2 weeks
Physio-therapy	2 weeks
Environment/ Conservation	2 week
Organic farming/gardening	2 week
Vietnamese culture learning & sightseeing	1 week (Only)

A project duration can be from 1 week to 52 weeks.

Program fee

Program fee is counted on weekly basis, which is 360USD for the first two weeks and 105 USD for each week after. This is to carry out and ensure all the elements of the programs (mentioned above).

For some project such as medical internship, animal rescue, the fee is different, please see detail on the fee table.

This fee should be transferred to our bank account at least 2 weeks before the program start date. In some special cases, volunteers can pay in cash upon their arrival.

Here is the detail of program fees in EUR

Project	1 week	2 weeks	4 weeks	8 weeks	Extra week
Teaching English/ Sport education		280	440	760	80
Child care	200	280	440	760	80
Animal rescue and care	400	680			280
Local NGOs support				760	80
Medical		320	540		110
Physio-therapy	200	280	440		80
Conservation/Environment	200	280	440		80
Organic farming/gardening	200	280	440		80
Vietnamese cultural & sightseeing	240				

The fees in USD

Project	1 week	2 weeks	4 weeks	8 weeks	Extra week
Teaching English/ Sport education		360	570	990	105
Child care	260	360	570	990	105
Animal rescue and care	500	850			350
Local NGOs support				990	105
Medical		460	770	1490	155
Physio-therapy	260	360	570	990	105
Environment/Conservation	260	360	570	990	105
Organic farming/gardening	260	360	570	990	105
Vietnamese cultural & sightseeing	300				

CONFIRMATION & CANCELLATION

Confirmation

To get acceptance to one project, volunteer need to submit their application with different required documentaions.

After got acceptance, they need to confirm the payment for program fee by bank transfer. The due time for the payment confirmation is 2 weeks prior the start date (arrival day).

As the number of places per project is limited, please make sure that you will get confirmation as soon as possible, especially in busy season (June to Sep and Dec to Feb).

Cancellation

To ensure the quality of program, we suggest volunteers to make sure about their plan to come to Vietnam. To reduce the negative impact due to the cancellation, we have some regulations regarding returning program fee.

If volunteer cancel their project 8 weeks prior start date, 100% program fee will be returned. Volunteers will be responsible for the bank transfer which may cost.

If volunteer cancel project in the time between 8 to 2 weeks, prior start date, 50% fee will be returned.

If volunteer cancel project 2 weeks or less than 2 weeks, prior start date, 0% fee will be returned (100% fee will be charged)

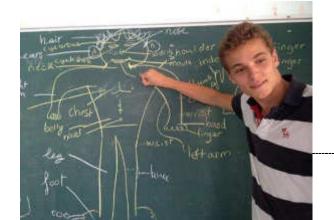
If volunteer can not come after confirmation and willing to come in the future, we will remain the payment for volunteer and he/she can come without any extra payment.

PROJECT TYPES

1. EDUCATION PROJECT

1.1Teaching English

Volunteers will teach





English/French/Art/Culture/Dancing/Sport/etc; but English will be the major subject, that the reason this project also called Teaching English. At a local Vietnamese educational institution, from primary level until tertiary level. Many Vietnamese schools lack teachers with sufficient English competencies to extend the students' English beyond basic writing and speaking skills. Volunteers help to improve the children's vocabulary and pronunciation, assist local teachers in managing their classes, organize games and other activities in the classroom, and help to improve the children's listening and speaking skills. Working hours will vary depending on the school where the volunteer is placed and will average around three to six hours per day). Please note, volunteers do not need to be a qualified or experienced teacher to participate in this kind of project; however, in some certain placements, teaching experience is necessary.

Besides the normal work at local schools, volunteers are welcome to join communication English/French classes for local children and students that we organize once or twice a year (usually in summer time). In this project, volunteers can learn and develop their teaching experiences through working independently, making lesson plan and creating their own activities in the class.



A good experience with local teachers and students



How students enjoy the presence of volunteers

1.2. Sports education

The Sports Education project is designed for volunteers who wish to work with children in schools/orphanages or house for homeless children, but not necessarily spend all their time teaching in a classroom. Volunteers have the opportunity to assist in schools/orphanages to broaden children's knowledge of sport, through teaching "foreign" sports and games to the children and educating





them on general fitness, health and wellbeing in addition to taking general lessons at the school. It is up to the volunteer to plan lessons and design the teaching of their sports program. Children are extremely enthusiastic and willing to learn, however past volunteers have found it important to be prepared if they are to teach the children foreign concepts and ideas (such as a new sport). While football/soccer is extremely popular in Vietnam, many volunteers have

found it rewarding to teach the children other sports from the volunteer's home country, such as baseball, lacrosse, basketball, cricket and rugby. If a volunteer wishes to do this, they must plan ahead and often bring the required materials and equipment themselves as it is highly likely this will not be available in local stores and shopping centers. Volunteers do not need any previous teaching experience for this program, but it is important to note that volunteers may be required to teach other classes during the day, such as English, Math, English, Science or Social Studies (Geography and History). Therefore, this program is really connected to teaching program.

2. CHILD CARE (Caring for children)

There are two types of caring for children project.

2.1. Caring for disabled children.

Although Vietnam has now been at peace for many years, effects from war continue to haunt not only the adult population of this beautiful country but also its children. Volunteers have the opportunity to work in institutions caring for orphan/street children



or disabled children and young people affected by Agent Orange or in schools, hospitals and community clinics looking after mentally disabled children. Work is somewhat varied dependent on the institution where the volunteer is placed, however typical examples of jobs and tasks can include; assisting local staff in providing rehabilitation exercises and therapist treatments for children, playing with children and entertaining/educating them with games, music, arts and other exercises, helping to develop fundraising initiatives to ensure ongoing funding for these institutions and teaching English to local staff.

2.1. Caring & teaching for children from poor background.

For this project children are orphan or abandoned/street children and they are normal. A part

from caring, volunteer also can teach





children some basic lesson.

Learning about colours and decoration

Playing together





Children before showering time Take shower for the kids

3. ANIMAL RESCUE AND CARE

Animal rescue and care volunteering in Vietnam provides you an opportunity to contribute to the welfare of animal in Vietnam. Volunteers will work at an animal rescue centre which located 40 miles West-North outskirt of Ho Chi Minh city. The centre rescues wildlife animal that are confiscated from illegal animal trade. After the animal



Introduction to VPV Ho Chi Minh (Saigon)

recovered and have been rehabilitated, they are returned back to the wild. There are normally over 300 rescued animals including rescued primates, bears, exotic birds reptiles and other small mammals. Volunteers will have an unique opportunity to work alongside some incredible wildlife and gain the satisfaction of helping to make a difference to their lives. The exact nature of the work will be varied all the time and there



is no such thing as a 'typical' day. However there are certain everyday jobs that will be volunteer responsibility such as:

Feeding the animals, providing water for the animals, assisting with cleaning the enclosures.

Other possible tasks include: Construction of new cages and enclosures, working on enclosure enrichments, assisting with tours for visitors, keeping the centre's grounds clean.

4.ORGANIC FARMING/ GARDENING



There is an organic farming inside a Buddhism pagoda (Leaf Pagoda) in outskirt of Ho Chi Minh city where the monks live and take care for about 40 orphan children and about 20 homeless elderly people.

The project aims at making use of uncultivated land in the pagoda to grow vegetables which are important sources of food for all the monks, children, and people living here. Usually, almost all of their food is donated, and they only buy tofu for the meals. Having an organic vegetable garden, they can provide themselves with healthier and more diverse foods; more importantly, this garden lessens their food expense.

Farming is a new yet full of potential project at Leaf pagoda besides taking care of children and renovation works. There are two kinds of farming that can be carried out here: organic vegetable farming & herbal farming.

5. WORKING WITH LOCAL NGO

Working with a local NGO can be a rewarding and valuable experience for anyone who would like to appreciate how volunteering projects are organized, managed, and supervised. There are many small, locally-run NGOs (non-governmental organizations) in Vietnam. They contribute to the cause of development and peace in both urban and rural areas. These local NGOs, being typically new, are often in shortage of funds, human resources and experience. There is thus a need to build up their capacity through different approaches. A motivated and



resourceful international volunteer in the office would help improve their communication skills, working competencies, and assist in creating a bridge between local NGOs and new partners worldwide. There are currently placements in local NGOs in the following sectors: public health, community development, sustainable development and natural conservation. Typical work can include: writing proposals and reports, improving staffs' English language proficiency and communication skills, assisting with fundraising initiatives and networking with international partners. It is worth noting that volunteers' role might vary depending on the type of organization they will be working with.



In order to do this program volunteers must be staying for a minimum of 4 weeks and must be at least 22 years or older and already have some experience in the field they wish to work. This can either be university studies (a degree is not necessary) or relevant working experience. Volunteers on this program also need to speak English fluently. Additionally, volunteers will need to bring a laptop for work

6. MEDICAL INTERNSHIP

The medical program in Vietnam provides skilled medical professionals and students the chance to experience a new culture and working environment while still learning and developing their specialized medical knowledge at the same time. Volunteers get the chance to gain a greater understanding of differences between medical systems in



developed and developing countries. Volunteers will be placed with a local Doctor and/or Nurse who will guide them in different tasks and activities at the placement. It is important to note that as a volunteer, you will not be allowed to partake in serious procedures and will be



job 'shadowing'. However, depending on the volunteer's level of experience, they may observe operations, provide assistance in basic procedures and visit patients, before and after surgery as well as any other tasks offered or required by the local staff. While volunteers are always encouraged by local staff to see and learn as much as possible, the local staff are

also very interested in gaining a better

understanding of medical work in your country and learn about the similarities and differences. There are opportunities for volunteers to work in pediatrics, physiotherapy, occupational therapy and speech therapy with children and adults who suffer from cerebral palsy, Down's syndrome, congenital motor system deformity and other disabilities. There are also opportunities to work in other specialties within a very large hospital with highly skilled staff that speak English.



7.PHYSIO-THERAPY

The Rehabilitation & Orthopedics hospital is located in Tan Binh District, in the west of Ho Chi Minh City.

The aim of this project is to to provide skilled physiotherapy professionals and students the chance to experience a new culture and working environment while still learning and developing their specialized medical knowledge at the same time. Volunteers get the chance to gain a greater understanding of differences between medical systems in developed and developing countries.





8. ENVIRONMENT/CONSERVATION

UNESCO's international biosphere reserve in Ho Chi Minh City, one of the most important of wetland conservation site of the country. It covers 75,740 hectares and is dominated by mangroves, including both salt water and brackish water species. And it has a high biodiversity



with more than 200 species of fauna and 52 species of flora. The site is an important wildlife sanctuary in Vietnam as it is characterized by a wetland biosystem dominated by mangrove and many rare species. Today, it has become one of the most extensive sites of rehabilitated mangroves in the world. One of the main advantages of the biosphere reserve is that it provides the opportunity to work on environmental protection on a continuum of habitats, ranging from the sea to the boundary of Ho Chi Minh City, the biggest industrial city in Vietnam. The mangrove forest is regarded as the "green lungs" of the city. The aim of this project is to reforest unproductive land within Can Gio Biosphere Reserve that has little remaining original vegetation on it. Existing trees will remain but new native trees will be planted. The aim is to regenerate local area, bring back a forest, and restore biodiversity to the area.



Explaination about mangrove forest by local staff



Working at the tree nursery



Monkeys in the mangrove forest

9. VIETNAMESE CULTURAL LEARNING & SIGHTSEEING

This program is designed for the inquiry of volunteers who want to learn more about Vietnamese culture & visit tourist places, beside of volunteering project. This program lasts for 7 days and will be independent/separated with volunteer project. It is optional project.

The schedule

-Monday: Pick-up from airport; Arrival

-Tuesday: City exploring - Unification Palace, Saigon Notre Dame Catheral (Church), War ramnent museum, Post office centre, Dong Khoi street, Ben Thanh market

-Wednesday: Vietnamese lesson, culture, country orientation (AM); Vietnamese cuisine lesson (PM)

-Thursday: Cu Chi tunnel & Wild rescue center or Cao Dai temple & Cu Chi tunnel

-Friday: visit Can Gio with monkey island

-Saturday & Sunday: Melkong Delta (2 days & 1 night)









Volunteers for Peace Vietnam (VPV)

Host Placement Description 2015 - 2016

(Updated November 2015)

Education projects: 6

Orphanage projects: 2

Social Welfare projects: 6

Community Development: 1

Medical projects: 2

Physiotherapy project: 1

Environment projects: 3

Most of our projects are open for both long-term (6-12 months) and short-term (1 week – 24 weeks). The minimum stay requirement is mentioned in each placement description.

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EDUCATION PROJECTS

Please note that, in some special cases or periods of time, and based on the needs of education projects, volunteers may work at more than one project during their volunteer duration.



Tips for inexperienced Teachers

Teaching a Lesson

Every child is eager to learn but will start with some kind of disruptive behaviour if the teacher ignores her or his interests and capabilities. Therefore it is important to plan and prepare lessons. Attempt to cover all four skills - speaking, listening, reading and writing - in the period of an hour class. Below is a basic plan as to how you can plan lessons:

- 1. Introduction to the class / a short fun warm up activity
- 2. Repeat words and grammar from last the last lesson: review already covered material
- 3. Present new material in an interesting way for example:
 - allow the children to listen to a CD
 - encourage them to identify new words on a picture
 - ask them pronounce new words

(You could use photocopies and the CD of the book: "Family and Friends - Class Book")

You should encourage children to keep the copies in a folder. This enables them to revise the material and new volunteers get an insight into the topics you have covered. Perforate the copies and help the children to maintain their folders.

- 4. Practice of the new material presented:
 - speaking activity using the new material covered
 - writing activity using the new material covered (You could use copies of the book: "Family and Friends Workbook")
- 5. A quick closing activity / role play / games / songs using the new material (You could use ideas from the book: "Family and Friends -Teachers Book")

The students love playing games and singing songs. Both children's songs and simple western pop music is really popular. Team games are always fun, but can sometimes create tears on the losing team's side.

Please don't think that the textbooks and workbooks have to be used exclusively. Pictures and different materials from a volunteer's country can be a lot of fun and be incredibly educational. You could also download short educational films from You Tube. Children love to repeat words and phrases they have learned from a film.

Volunteers are free to use any material in their lessons, however it is recommended that volunteers try to use the textbooks and workbooks when possible, as it is important that the

students follow the curriculum, especially considering the students will continue to use the textbooks and workbooks after end of the volunteer's service.

Use interesting Books

Different levels of the series "Family and Friends" are available in the Peace House. Every school or community centre has a CD-player. You will also find picture books, grammar books and dictionaries in the Peace House. You should bring your own notebook / laptop and copy the CD or download films so you are well prepared when you arrive in class.

Make sure you Know how to Get to the Project

It might be confusing to find your way in a foreign country. Taking notes about which bus to take, where to change and where to get off might help you to remember how to get to your class and how to come back to the Peace House safely.

Start the Lesson in Time

Some visitors from industrialized countries assume that bad habits like beating children or arriving late to an appointment are a integrated aspect of the culture in developing countries and therefore acceptable. These myths are untrue. In 1989 the United Nations have agreed to abolish child abuse all over the world and professionals in developing countries claim that arriving at school in time is necessary to ensure a high quality in the children's education. Please start the lesson in time.

Remember the Student's Names

A name is the most important and meaningful word that exists, so try to remember the children's names although this might be difficult in the beginning. You could ask the children to write a name badge, take a picture of the class and try to learn the children's names by heart or you could stick the children's names on their tables.

Cooperate with local Teachers/ Volunteers

Please aware that you may have not the local teachers/ volunteers support you sometimes. Local teachers/ volunteers help the children understand want you want them to do. This is important, especially when the children started to study English recently. Local volunteers can explain some grammar or might even come up with ideas which help to improve lesson. Appreciate their work and find the suitable way to cooperate with them.

What to Do when you Go out with the Children

If you go out with the children please avoid forming an isolated group of volunteers. It is more fun to mix with the children and use the English words they have already learned during the lessons. If you go to a swimming pool you could say: "We are swimming.", "He is diving." "She is drinking.", "We are eating." or "This is a towel." Eat and drink with the children instead of buying expensive snacks for yourself only.

Repeat new Words and Grammar

Encourage the children to revise new words at home. Staff in should or community center show an interest in what the children have learned and allow them to use the internet to improve language skills

(www.learnenglish.de / You Tube: "English for children")

Understand why Children Misbehave

It is normal that children start doing what they want if the teacher doesn't offer activities which are interesting enough to attract their attention. Don't blame the children. Try to find the reason for challenging behaviour. Maybe they need a brake from an exercise which was too long, too easy, too difficult or boring. The group might be too big, the material might be inappropriate or children feel distracted by noise and heat.

Maybe you find it difficult to explain what kind of exercise you want the children to do. Don't put the blame on the children by saying: "They don't speak English." It sounds more respectful to admit: "We don't speak Vietnamese" or neutral: "We speak different languages and it is difficult to understand each other."

Some children might learn very slowly because of learning difficulties, because they have been abused in the past or because they have lived in the streets without care and sufficient support. *Attention deficit hyperactivity disorder (ADHD)* is quite common and means that children cannot concentrate for a long time. They feel distracted very easily and need a calm environment.

Sometimes we understand the reason challenging behaviour when we exchange ideas with others, but occasionally we never understand the reason. Often things change in the course of time and you experience this if you stay in the project for a several months.

Dress code

In Vietnam, teachers will be highly respected by local people so that when you go to school to help students, you should wear formal clothes. Please remember to bring some formal clothes beside the casual one.

Good Luck

Although it might sometimes seem difficult to teach English many children improved their language skills and became more self confided. On a long term basis you will notice a positive outcome.

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program (VPVS)
CONTACT PERSON	Cool (Cuong Nguyen) &VPV team
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NAME OF PROJECT	VPVS - Education 1
	Class of Love (Tan Hung Community Class)
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	English Language for Children
AIMS OF THE PROJECT	The aim of the program is to provide English language speaking environment for disadvantaged youth and develop their English communicative skills.
PROJECT'S ACTIVITIES	The Tan Hung Community class (Class of LOVE) was established in May 2000 in District 7. With a strong desire of offering free education for disadvantaged children, the class was set up with the hope of providing a bright future for them. All of the students are immigrated from other provinces throughout Vietnam. Their parents have unstable incomes, frequently move

between different jobs and often move house amongst other reasons. This instability means the children are unable to attend public school due to fees and commitments required. There are currently 6 classes at the school from Grade 1 - 5. Each class has around 20 students, with around 120 attending the school in total. Students study for 10 months per year and examinations are held with support from local schools. At the end of the year, each child receives and evaluation of their studies. Through the class, children understand that education is a good way to develop themselves and have a better life in the future. After leaving school, they are encouraged to continue their study at a higher level at other normal public schools. There's 10 to 15 children studying from 6th to 12th grade at public secondary schools, and about 10 of them can attend College. (Data in July 2012) After 10 years, the management board happily realized some achievements in that children should feel the care and love from the teachers, which leads them to more positive thinking. Also, thanks to the school, students' parents know how to care more for their children and they don't feel inferior to other families who have better living-conditions.

COMMUNITY CONTEXT

Tan Hung Community Class is located in a local Vietnamese community in District 7. Travelling by foot, the journey from the dorm is around 30 minutes.

VOLUNTEER'S REQUIREMENTS

Volunteers must be 18 years old minimum. Volunteers must show eagerness, the ability to maintain motivation and reliability. Related to this, volunteers need to show creativity and initiative when planning and taking classes. Most importantly, volunteers need to have confidence in the classroom and time management skills to ensure an effective lesson.

VOLUNTEER'S TASKS



Volunteers will be responsible for taking control of the English class at the school. Volunteers will work as the sole teacher with the support of a Vietnamese volunteer to assist in

translation and maintaining the class in the beginning. You will be required to make a teaching plan with lesson plans using the books and learning materials provided to ensure continuity in learning from the teachers before and after you.

The children had not studied English until VPV opened an English class at the school. All children have a basic level of knowledge but with a consistent and structured course should be able to develop their language skills well. Volunteers should work slowly using interactive activities to ensure children stay interested and understand the work.

Volunteers will have a responsibility to ensure the general welfare of the children and make sure they are comfortable around you. Remember to be their friend too. They have been through a lot and having fun with them through games and similar exercises will make it much more rewarding for them and for you.

Volunteers are expected to give the children English tests, especially mid-semester and final-semester every school year. The results of their English tests will be officially considered as a part of their grade point average at the end of a school year.

Volunteers are also encouraged to try and raise money for scholarships, special events and restoration of the school if possible.

The timetable will be given on arrival with volunteers working 2 afternoons and 1 morning per week. Working hours from 9:30am to 11:00am and 1:30pm to 4:45pm. Volunteers will work around 6 hours per week at the class and will use the rest of their time between other projects and classes that require voluntary assistance.

NUMBER OF VOLUNTEERS IN PROJECT

Maximum 4 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the project is still available.

HOST SITUATION

Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Air-conditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.

Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.

HOSTING	
ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Education 2
	Tan Quy Community Class
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	English Language for Children
AIMS OF THE PROJECT	The aim of the program is to provide English language speaking environment for children to practice and improve their confidence in using a foreign language in communication.
PROJECT'S ACTIVITIES	Tan Quy Community Class was established in July 2012 by Volunteers for Peace Vietnam (VPV), in Tan Quy Ward, District 7. The class is located at community house and is open to the children in the surrounding area. All of the children have family or relatives that look after them but want to encourage their children to enter a more interactive English learning environment. The class gives the local children a chance to learn from native speakers while also building a closer relationship between international volunteers and the people from the local area. There are two classes divided the children by age and English level, specifically: Class 1 including 20 students from grade 1 to grade 4, and Class 2 including 20 students from grade 5 to grade 8. There are currently 40 children (with boys and girls) in total.
COMMUNITY	Tan Quy Community Class is located at the Community house at
	Tan Quy Community Class is located at the Community House at

local authority office, in District 7, in the South of Ho Chi Minh City. Volunteers just need to walk 10 minutes to get to class and have the chance to meet many of the local community. VOLUNTEER'S Volunteers must be 18 years old minimum. Volunteers must

VOLUNTEER'S REQUIREMENTS

Volunteers must be 18 years old minimum. Volunteers must show eagerness, the ability to maintain motivation and reliability. Related to this, volunteers need to show creativity and initiative when planning and taking classes. Most importantly, volunteers need to have confidence in the classroom and time management skills to ensure an effective lesson.

VOLUNTEER'S TASKS



Volunteers will be responsible for taking control of the English class. Volunteers will work as the sole teacher. You will be required to make a teaching plan with lesson plans using the learning materials provided to ensure continuity in learning from the teachers before and after you.

Some students have been studying in the class for few years and now they can communicate well to the volunteer teacher. Most of them have studied English in the past, it is unlikely they know how to speak and listen properly. Due to this, volunteer's work should be concentrated on helping students with speaking and listening.

Remember to be their friend too, having fun with them through games and similar exercises will make it much more rewarding for them and for you.

The timetable will be given on arrival with volunteers working 2 - 3 evenings per week. Working hours from 5:00pm to 6:00pm. Volunteers will work around 2-4 hours per week at the class and will use the rest of their time between other projects and classes that require voluntary assistance and plan for lessons. In summer time, volunteers can work in the class in the day time between 8:00am and 5:00pm.

NUMBER OF

Maximum 6 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the

VOLUNTEERS IN PROJECT	project is still available.
HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Airconditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.
	Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Education 3
	Phu Nhuan Community Class
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	English Language for Children
AIMS OF THE PROJECT	The aim of the program is to provide English language speaking environment for disadvantaged youth and develop their English communicative skills.
PROJECT'S ACTIVITIES	Many different wards in different districts in Ho Chi Minh City have community classes that can help poorer families who struggle to pay for school fees for their children. Local officials select the children who attend these classes. Phu Nhuan Community Class was organised by Ward 9 of Phu Nhuan District on 30/7/1990. It offers free education to local children who are 90% living in the nearby area (Ward 9). Originally, they come to the class when their families are too poor to send them to any public school or there may be no one to look after them at all. Although they are not living in an orphanage, many of them don't receive the care of their families due to the poverty and various complicated backgrounds, some of them even had their

parents pass away. There are currently 20 disadvantaged boys and girls studying at this class, though not all of them study English. The class only offers children the primary education, focusing on literacy and numeracy. Children have only started to learn English since VPV sent teaching volunteers from 2009. Now children also have chance to study vocational skills, such as making handmade stuffs to get better income by themselves, study computing and other skills. There have been 4 students from the class can afford to go to university to study since 2015 with a financial support by our previous volunteers.

There are currently two classes

Class 1: 8 students (from 10 -13 years old): Basic English Level

The students are very active and cheeky sometimes, they like learning English through playing games and being involved in different activities.

Class 2: 8 students (from 6 – 7 years old): Beginner

They are still small and it is good to help them pronoun correctly individual basic English words. Speaking slowly and repeating sometimes will be helpful for this group. They like colouring pictures and playing simple games.

COMMUNITY CONTEXT

Phu Nhuan Community Class is located at Tran Khac Chan Street, Ward 9, Phu Nhuan District, HCM City. Travelling by bus the journey from the dorm is around 1 hour but can be shorter or longer depending on traffic.



VOLUNTEER'S REQUIREMENTS

Volunteers must be 18 years old minimum. Volunteers must show eagerness, the ability to maintain motivation and reliability. Related to this, volunteers need to show creativity and initiative when planning and taking classes. Most importantly, volunteers need to have confidence in the classroom and time management skills to ensure an effective lesson.

VOLUNTEER'S TASKS

Volunteers will be responsible for taking control of the English class. Volunteers will work as the sole teacher with the support of a Vietnamese volunteer to assist in translation and maintaining the class. You will be required to make a teaching plan with lesson plans using the learning materials provided to ensure continuity in learning from the teachers before and after you.

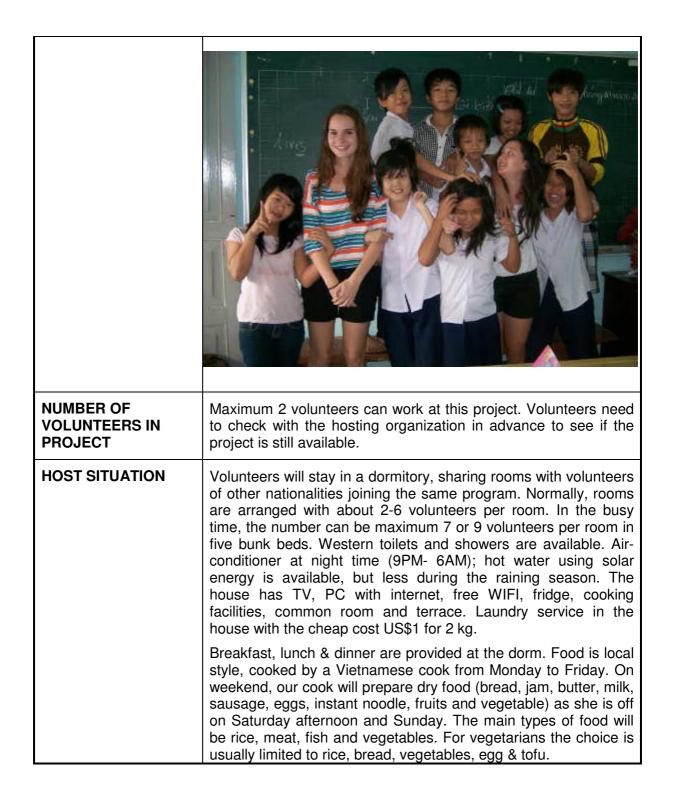
Although most of students have studied English in the past, it is unlikely they know how to speak and listen properly. Due to this, volunteer's work should be concentrated on helping students with speaking and listening. However, developing writing skill is also essential for the younger students in class 1.

Remember to be their friend too. They have been through a lot and having fun with them through games and similar exercises will make it much more rewarding for them and for you.

With permission from the head teacher of the school, volunteers may also arrange their own activities for the children to join and have fun together.

Volunteers are also encouraged to try and raise money for scholarships, special events and restoration of the school if possible.

The timetable will be given on arrival with volunteers working 3 mornings per week (Monday, Wednesday and Friday). Working hours from 9:00am to 10:30am on Monday amd Wednesday (Class 1) and 9:00am to 10:00am on Friday (Class 2). Volunteers will work around 3 - 4 hours per week at the class and will use the rest of their time between other projects and classes that require voluntary assistance.



HOSTING ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Education 4 Saigon Love School

LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	English Language for Children
AIMS OF THE PROJECT	The aim of the program is to provide English language speaking environment for disadvantaged youth and develop their English communicative skills.
PROJECT'S ACTIVITIES	Usually volunteers teach English for one or two lessons in the morning. You should definitely try to teach English even children are pretty active sometimes!
	In the class there may be students of many different ages. The students English skill level can also vary but the age does not reflect the level of English. The younger students may be better in English than the older students.
	You can always start the first lesson by introducing yourself and begin to get to know children. The most of the children do not know English well so you can start with the basics.
	The most of the volunteers have taught to student's numbers, colors, body parts, etc. You can teach same things but also teaching of entire sentences would be advisable and helpful to the children. Try to involve the children to speak English and use your imagination; play games, sing songs, draw
	At the Peace House's living room there are many English books which you can use. You can take copies of tasks or you can also do your own tasks.
	It is useful to use Vietnamese when you teach English. That's how the students really understand what you mean. Try Google Translator, dictionaries or the help of VPV staff.
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COMMUNITY	Saigon Love School is located inside a Buddhist temple in Go Vap district, Ho Chi Minh city. It was established in 2005 to help educate 70 -80 children from poor, undeveloped and immigrant families living near pagoda as some local teachers teach Vietnamese for them in the Love School in the morning. Travelling by bus the journey from the dorm is around 1 hour and a half but can be shorter or longer depending on traffic.
VOLUNTEER'S REQUIREMENTS	Volunteers must be 18 years old minimum. Volunteers must show eagerness, the ability to maintain motivation and reliability. Related to this, volunteers need to show creativity and initiative when planning and taking classes. Most importantly, volunteers need to have confidence in the classroom and time management skills to ensure an effective lesson.
VOLUNTEER'S TASKS	Volunteers will be responsible for taking control of the English class. Volunteers will work as the sole teacher in the class. You will be required to make a teaching plan with lesson plans using the learning materials provided to ensure continuity in learning from the teachers before and after you.
	Although most of students have studied English in the past, it is unlikely they know how to speak and listen properly. Due to this, volunteer's work should be concentrated on helping students with speaking and listening. However, developing writing skill is also essential for the younger students in class.
	Remember to be their friend too. They have been through a lot and having fun with them through games and similar exercises will make it much more rewarding for them and for you.
	With permission from the principle of the school, volunteers may also arrange their own activities for the children to join and have fun together.
	The timetable will be given on arrival with volunteers working schedule from Monday to Friday and working hours from 09:00am to 10:45am. Volunteers will work around 4 - 7 hours per week at the class and will use the rest of their time between other projects and classes that require voluntary assistance.

NUMBER OF VOLUNTEERS IN PROJECT	Maximum 4 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the project is still available.
HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Airconditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.
	Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
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EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Education 5 Saigon urban school
LOCATION	Ho Chi Minh City

COUNTRY	Vietnam
THEME/TYPE OF	
PROJECT	English Language for Children
AIMS OF THE PROJECT	The aim of the project is to help local pupils a chance to improve English speaking & listening skill and to encourage them to communicate confidently and freely in English.
PROJECT'S ACTIVITIES	The project is the cooperation between VPV and Ho Chi Minh city of Education Department since 2014. There are 5 different schools from elementary, secondary to high school, with about 5000 pupils from 1 st grade to 12 th grade who joining this project.
	Most pupils on the project have studied English for some years, but can not speak English or can not speak smoothly. With the participation of volunteers on school, it will help local pupil to improve communication skills, also the knowledge about youth in global.
	For volunteers, through participation on the project, they will have chance to learn more about local culture, pupils and children life in Vietnam.
	Depend on the capacity & English level of volunteers, they will be placed on the suitable school as elementary, secondary or high school. At class, there is always a local teacher who is English teacher to work together with volunteer to help volunteer and take control the class. Volunteer will be mainly focus on speaking while local teacher is responsible for grammar and other issue.
	There is some cases, if volunteer has enough confidence and capacity, the teacher will let volunteer work independent with pupils.
	Beside the time at class, there are also out-door activities, club can be organized and volunteers will be invited to join as a member or co-organizer.

COMMUNITY	The schools on the project are located in different districts, in urban area of Ho Chi Minh city. Travelling by bus and the journey from the dorm is around 1 hour, but can be shorter or longer depending on traffic.
VOLUNTEER'S REQUIREMENTS	Volunteers must be 18 years old minimum. Volunteers must show eagerness, the ability to maintain motivation and reliability. Related to this, volunteers need to show creativity and initiative when planning and taking classes. Most importantly, volunteers need to have confidence in the classroom and time management skills to ensure an effective lesson.
VOLUNTEER'S TASKS	Volunteers will work as the assistant teacher in the class. The local English teacher will work together with volunteer, in order to make sure the quality of project. You will be required to make a teaching plan with lesson plans using the learning materials provided to ensure continuity in learning from the teachers before and after you.
	Although most of students have studied English in the past, it is unlikely they know how to speak and listen properly. Due to this, volunteers are expected to give students topics to encourage them to discuss, express their opinions and speak English more openly in class. However, developing writing skill is also essential for them.
	With permission from the school, volunteers may also arrange their own activities for the students to join and have fun together.
	Volunteers can also contribute by participating in the school's English club by joining its monthly outgoing and camping activities to communicate with students.
	The timetable will be given on arrival after orientation training. The standard working schedule will be from Monday to Friday, from 09:00am to 03:00pm with two hours in between for a lunch break. Volunteers will work around 15 - 25 hours per week at the project.



HOSTING ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Education 6 English Class for Buddhist Nuns
LOCATION	Ho Chi Minh City

COUNTRY	Vietnam
THEME/TYPE OF PROJECT	English Language for Buddhist Nuns
AIMS OF THE PROJECT	The aim of the project is to help local Buddhist nuns can communicate in English basically and broaden culture understanding.
PROJECT'S ACTIVITIES	The English Class for Buddhist Nuns is located inside Dieu Giac Pagoda. Dieu Giac Pagoda has two sections: Sanctuary on the right and orphanage center (established in 1989) on the left. Now, almost every child in the pagoda is sent to school from morning to afternoon, from Monday to Friday. Besides, they are taken care of by the Buddhist nuns and local volunteers who are here daily. However, the nuns are interested in studying English and they have free time for English classes in the morning.
	Volunteers can help the Buddhist nuns in the pagoda to practise and improve their reading, writing, listening and speaking skills in English, as they did not learn English before.
	VPV provides volunteers with various materials for teaching English such as course books, flash cards, dictionaries, stories, games, etc., so feel free to use them to plan your lessons based on learners' level of English.
	It would be better if volunteers can teach the learners follow one particular course book (Let's go 1A is recommended), so that the successors will be able to follow what the former volunteers taught before.

COMMUNITY	Dieu Giac pagoda is located in district 2, Ho Chi Minh city. Travelling by bus the journey from the dorm is around 1 hour and a half but can be shorter or longer depending on traffic.
VOLUNTEER'S REQUIREMENTS	Volunteers must be 18 years old minimum. Volunteers must show eagerness, the ability to maintain motivation and reliability. Volunteers should show respect to The Buddha and nuns by wearing appropriate clothes. Volunteers should be patient, open-minded, creative and active in that working environment.
VOLUNTEER'S TASKS	Volunteers will be responsible for taking control of the English class. Volunteers will work as the sole teacher in the class. You will be required to make a teaching plan with lesson plans using the learning materials provided to ensure continuity in learning from the teachers before and after you.
	The timetable will be given on arrival with volunteers working schedule from Monday to Friday and working hours from 09:00am to 10am. Volunteers will work around 5 hours per week at the class and will use the rest of their time between other projects and classes that require voluntary assistance.
NUMBER OF VOLUNTEERS IN PROJECT	Maximum 2 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the project is still available.
HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Airconditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The

house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.
Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.

ORPHANAGE PROJECTS

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program (VPVS)
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Orphanage 1
	Leaf Pagoda
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Caring for orphan children
AIMS OF THE PROJECT	The aim of the program is to bring a better social life for the orphans by taking care of them. The pagoda is a place of charity for unfortunate children and a clinic for the local residents. There are about 10 to 14 orphans from 3 years old to 10 years old and they need more care and love.
PROJECT'S ACTIVITIES	Leaf Pagoda (originally known as Huyen Trang Pagoda) was built in 1996 in Nha Be district, HCMC. Some of the children here come from poor families who cannot afford to bring them up, the others have lost their parents. There are only a few monks living here and some local volunteers to help every day, so the volunteers can come during the daytime to take care of the children. The volunteers can play games, help them colour the pictures, or take them out for a walk. Sometimes the volunteers can also help do the farming, the gardening, construction work or the cleaning. - Number of children: 10

	- Age: 3 to 8 years old
COMMUNITY CONTEXT	Leaf Pagoda is located at Nha Be District, Ho Chi Minh City. The volunteers will take 2 buses in about half an hour to get there.
VOLUNTEER'S REQUIREMENTS	Volunteers must be 18 years old minimum. Volunteers must love children and show their willingness to help. Volunteers do not mind odd jobs around the pagoda.
VOLUNTEER'S TASKS	Volunteers will be responsible for taking care of 10 orphans. Volunteers should be flexible while working here. Volunteers can help to teach children game, song and art and English. The children are very well-behaved and feel interested in playing with the foreigner volunteers.
NUMBER OF VOLUNTEERS IN PROJECT	Maximum 3 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the project is still available.
HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Airconditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the

-
house with the cheap cost US\$1 for 2 kg.
Breakfast, lunch & dinner are provided at the dorm. Food is local
style, cooked by a Vietnamese cook from Monday to Friday. On
weekend, our cook will prepare dry food (bread, jam, butter, milk,
sausage, eggs, instant noodle, fruits and vegetable) as she is off
on Saturday afternoon and Sunday. The main types of food will
be rice, meat, fish and vegetables. For vegetarians the choice is
usually limited to rice, bread, vegetables, egg & tofu.

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – The South program (VPVS)
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	<u>cuongnguyen@vpv.vn</u> & <u>program@vpv.vn</u>
NAME OF PROJECT	VPVS - Orphanage 2
	Ky Quang Pagoda
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Teaching English and taking care for orphan children
AIMS OF THE PROJECT	In teaching, we aim to provide English language speaking environment for children to practice and improve their confidence in using a foreign language in communication. In caring, we aim to bring a better social life for the children.
PROJECT'S ACTIVITIES	Ky Quang Pagoda was built in the early part of the 20th Century in 1924 and is relatively famous in Ho Chi Minh City. The pagoda is now a place of charity for unlucky children and a traditional medicine clinic for local residents. The Pagoda Orphanage was founded and is run by the 'Bonze Thich Thien Nhan'. It has 35 staff members who stay at the Pagoda to take care and bring up these orphans. The operation funding mainly comes from local benefactors, social organizations and international volunteers and visitors. The children here have unfortunate backgrounds; many have been abandoned by their parents and relatives, babies are often found at the front gate of the pagoda and then taken in. Sometimes, the head monk receives phone calls from hospitals requesting him to take in deserted babies amongst other situations. At the moment, about 200 children and adults are living in the Pagoda, their ages ranging from 5 days old to 40 years old. There is a day care-room that includes 35 disabled children at this moment suffering in particular from cerebral palsy, blindness or Down's syndrome. Here, they are fed with lunch and dinner, played and interacted with, sleep and receive some therapy during the day. In the evening and night, they sleep in different rooms with other orphaned children with a mother figure who looks after them. - At present, about 30-40 local children have a chance to study at Ky Quang as some local teachers teach Vietnamese for them in

the morning. There are three main activities for volunteers: - Teach English to 15 primary pupils (9 to 13 years old) - Play with 30 children in the kindergarten (3 to 8 years old) - Give physical therapy to 35 disabled children (of different ages). The children here have very various backgrounds. Some are physically or mentally disabled, some are blind or suffer from Down Syndrome, some are Agent Orange victims during the Vietnam War, some are orphans, and the others come from poor families who cannot afford to bring them up. **COMMUNITY** Ky Quang Pagoda is located at Go Vap District, Ho Chi Minh CONTEXT City. The travel time is about 1hour and 15 minutes by bus, more or less depends on traffic situation. **VOLUNTEER'S** Volunteers must be 18 years old minimum. Volunteers must **REQUIREMENTS** show their willingness to help and ability to stay self-motivated. For teaching, volunteers need to take the initiative in planning and taking classes. Most importantly, volunteers need to have confidence in the classroom and time management skills to ensure an effective lesson. **VOLUNTEER'S** There are three type of works for volunteers **TASKS** -Teaching English -Caring (caregiving) for orphan and abandoned children -Caring for disabled children Depend on volunteer's motivation and the need of project, volunteers will be responsible for either taking control of the

Depend on volunteer's motivation and the need of project, volunteers will be responsible for either taking control of the English class, taking care of the disabled children, or playing with the orphans in the kindergarten.

For teaching, volunteers will work as the main teacher with the support of Vietnamese volunteers in translating and maintaining the class. Volunteers will be required to make lesson plans and prepare the materials to ensure continuity in learning from the teachers before and after them.

Although most of students have studied English in the past, it is

	unlikely they know how to speak and listen properly.
	Due to this, volunteer's work should be concentrated on helping students with speaking and listening. Volunteers are expected to teach in the morning or afternoon every weekday, for about 2 hours per day. They can use the rest of their time for the lesson plan or/and in the other areas that need voluntary assistance.
NUMBER OF VOLUNTEERS IN PROJECT	There is not a limited number of volunteers for caring due to the heavy work. For teaching, maximum 4 volunteers can work at this project. For caring, there are usually 2-6 volunteers working with children. Volunteers need to check with the hosting organization in advance to see if the project is still available.
HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Airconditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.
	Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.

SOCIAL WELFARE

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team

PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Social Welfare 1
	Thi Nghe Centre
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Taking Care of Disabled Children
AIMS OF THE PROJECT	
	The aim of the program is to jointly bring care, love and happiness to disadvantaged children through volunteers' activities.
PROJECT'S ACTIVITIES	Thi Nghe Protection Center for Disabled Orphans is the center belongs to the Department of Labour War Invalids and Social Welfare of Ho Chi Minh City. From 1875 to 1975 it was a refuge for the homeless, the elderly and those suffering from incurable illnesses. After 1975, the social welfare department of Vietnam assumed control and it is now exclusively for the care of abandoned, handicapped children.
	Functions and tasks of the center include receiving, nurturing, healing and rehabilitating orphans as we as offering cultural education and personality development for orphans with cerebral palsy (around 60%), polio, development delay and mental disabilities. Treatment is offered to babies and children up to the age of 16 with an average of 400 children at the center. In addition, the center also helps to educate and restore motor function for around 200 disabled children in the community. There are approximately 260 people who are currently working for the center including administrative staff, nurses and doctors, technicians and physiotherapists, teachers and outside hospital nurses that direct care of the children. The center has three facilities: Main facility for disabled orphans where volunteers will work

with seven medical care rooms for children arranged by age and disability types, a special care unit for children with serious illnesses, health treatment room for children, a prevention and physical therapy room and an exercise room for children based on their natural motor stage.

- Lam Dong Province facility for disabled orphans who, as adults, are unable to find jobs in the city. This center helps them get used to manual works in the farms of tea, coffee, vegetables and livestock. Hopefully, this kind of work will help them stabilize their lives with new skills and motivation.
- Boarding facility for children with disabilities in the community who have conditions appropriate for education, rehabilitation, and therapy with nine different classes, each with specific objectives.

The center organizes a school for children to attend from nursery to grade 3 to help them develop cognitive, communication and personality training. The education is mainly focused on ethical training and lifestyle based on the ability of each child.

Besides that, other activities such as drawing, computer, dance and gymnastics are also provided for the children who are able to attend.

COMMUNITY CONTEXT

Thi Nghe Centre is located in Binh Thanh District, in Ho Chi Minh City. The bus journey will take around one hour, depending on traffic it could be shorter or longer. It is in a densely populated area so all necessary amenities are close by.



VOLUNTEER'S REQUIREMENTS

- Volunteers must be 18 years old minimum.
- Volunteers should like to work with children, show maturity and an initiative spirit.
- Volunteers should be patient, open-minded, creative and active in that working environment.

VOLUNTEER'S TASKS

Volunteers will spend most of their time in two specific working areas with disabled children. As most children are bedridden, volunteer's must show initiative to interact with the children in a

way that is meaningful to them and helps them feel your love and attention.

Area 1: Pediatrics

Area 2: children from few years old to 18 years old who are divided into two adjoined rooms based on their age range

At the project, you will take on two main roles, as a volunteer you

care for and be a friend of the children.

When working with the local staff you might be required to assist them in changing nappies, cleaning, folding fresh nappies, folding clothes and bibs. The staff will show you how to do it or you can

will essentially be working as another member of local staff and as such must act accordingly. On the other hand, you are also there to

clothes and bibs. The staff will show you how to do it or you can use your initiative to watch how it has done and learn by yourselves.

One of the most important tasks is mealtimes when volunteers are expected to support local staff in feeding children who are unable

expected to support local staff in feeding children who are unable to manage themselves. While this can at first seem somewhat overwhelming, you will feel more comfortable as you settle and understand the support needed due to a lack of local staff. Also, the local staff will assign you to feed the easier children while they are in charge of the more difficult ones.

When caring for the children, you will soon realize that despite their disabilities they are simply regular children who want to play and have fun as much as any other child does! Volunteers are encouraged to share their love and enthusiasm through playing and caring for them. Don't be afraid to carry them all outside onto the roll out carpet.

The timetable will be given on arrival with volunteers working 5 days a week (Saturday and Sunday off). Working hours from 8:30am to 11:30am, and again from 1:00pm to 4:00pm with a lunch break and time to rest in between. Volunteers will work 20 hours per week on average.

NUMBER OF VOLUNTEERS IN PROJECT

10 (Volunteers need to check with the hosting organization in advance to see if the project is still available for them.)

HOST SITUATION

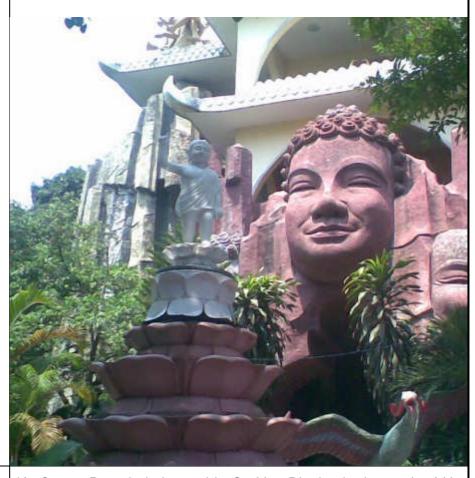
Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the maximum number can be 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Air-conditioner at night time (9PM- 6 AM), hot water is available. The house has TV, PC, free WIFI, washing machine, fridge, cooking facilities and a common room & terrace.

Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.

During the working day volunteers will stay at the project site to have lunch and take a rest.

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – The South program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Social Welfare 2
	Ky Quang center for disabled children
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Taking Care of Disabled Children
AIMS OF THE PROJECT	The aim of the program is to jointly bring care, love and happiness to disadvantaged children through volunteers' activities.
PROJECT'S ACTIVITIES	Ky Quang Pagoda was built in the early part of the 20th Century in 1924 and is relatively famous in Ho Chi Minh City. The pagoda is now a place of charity for unlucky children and a traditional medicine clinic for local residents. The Pagoda Orphanage was founded and is run by the 'Bonze Thich Thien Nhan'. It has 25 staff members who stay at the Pagoda to take care and bring up these orphans. The operation funding mainly comes from local benefactors, social organizations and international volunteers and visitors. The children here have unfortunate backgrounds; many have been abandoned by their parents and relatives, babies are often found at the front gate of the pagoda and then taken in.

Sometimes, the head monk receives phone calls from hospitals requesting him to take in deserted babies amongst other situations. At the moment, about 200 children and adults are living in the Pagoda, their ages ranging from 5 days old to 40 years old. There is a day care-room that includes 35 disabled children at this moment suffering in particular from cerebral palsy, blindness or Down's syndrome. Here, they are fed with lunch and dinner, are interacted and played with, sleep and receive some basic therapy during the day. In the evening and night, they sleep in different rooms with other orphaned children with a mother figure who looks after them.



COMMUNITY CONTEXT

Ky Quang Pagoda is located in Go Vap District, in the north of Ho Chi Minh City. It is easily reached on the bus and total travel time is about 1 hour, including both bus & walking. It is in a densely populated area so all necessary amenities are close by.

Volunteers must be 18 years old minimum. Volunteers should like to work with children, show maturity and an initiative spirit. Besides this, volunteers should be patient, open-minded, creative and active in that working environment. Volunteers with a background or experience in medical work or disabilities will be able to work more closely with nurses on basic physiotherapy. However, most volunteers will be expected to work in the day-care room where support is especially needed.



VOLUNTEER'S TASKS

Volunteers will spend most of their time in the day-care room working with disabled children. At the project, you will take on two main roles, as a volunteer you will essentially be working as another member of local staff and as such must act accordingly. On the other hand, you are also there to care for and be a friend of the children.

When working with the local staff you will be required to assist them in providing basic rehabilitation exercises and therapy treatment for children. The staff will guide you and help you understand the need of each individual child. Staff are always willing to learn new techniques or methods in therapy, if volunteers have a background in therapy work, they can spend time with local staff to offer some basic training and information.

Back in the day-care room, one of the most important tasks is mealtimes when volunteers are expected to support local staff in feeding children who are unable to manage themselves. While this can at first seem somewhat overwhelming, you will feel more comfortable as you settle and understand the support needed due to a lack of local staff. The local staff will assign you to feed the easier children while they are in charge of the more difficult ones. As you become more familiar you will be expected to learn how to feed all the children. Quite different to the former, you will also help in practical activities such as preparing the room for lunch or naptime, cleaning and any other jobs required of you.

	When caring for the children, you will soon realise that despite their disabilities they are simply regular children who want to play and have fun as much as any other child does! Volunteers are encouraged to share their love and enthusiasm through playing and educating with games, music and arts. Group activities with the children through songs or games always have a positive impact on interaction development. You are free to use the materials and toys there or bring your own. Drawing & painting is good for them, as well as simple puzzles or building blocks. Anything constructive is useful for them, as well as fun. While playing and interacting with the children volunteers must set a positive example and remember to be firm with misbehaviour to help them understand what is right and wrong.
	The timetable will be given on arrival with volunteers working 5 days a week (Saturday and Sunday off). Working hours from 8:30am to 11:30am, and again from 2:00pm to 5:00pm with a lunch break and time to rest in between. Volunteers will work 20 hours per week on average.
NUMBER OF VOLUNTEERS IN PROJECT	Maximum 10 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the project is still available.
HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Air-conditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.
	Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.
	During the working day volunteers will stay at the project site to have lunch and take a rest.

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Social Welfare 3

	Ho Chi Minh Physio Therapy Centre
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Taking Care of Disabled Children
AIMS OF THE PROJECT	The aim of the program is to jointly bring care, love and happiness to disadvantaged children through volunteers' activities.
PROJECT'S ACTIVITIES	Known officially as Centre of Orthopedics & Rehabilitation for Disabled Children (CORDC) but it also offers treatment for adults too. The Ho Chi Minh Physio Centre project began in 1979 as a joint humane project between 'Terre des Hommes' (Germany) and the Ministry of Labour, Invalids & Social Affairs of Vietnam, with the aim of providing rehabilitation for all paralysed children in South Vietnam. The centre opened in 1983, and in conjunction with many humane societies across the world has provided free health care to thousands of Vietnamese children. It provides rehabilitation treatment to adults & children who are usually referred here by their doctor or other hospitals.
	The centre has three main purposes:
	Rehabilitation : treatments for children aged 5 – 15 years diagnosed with Cerebral Palsy, Congenital Motor Deformity amongst other conditions.
	Training : rehabilitative training and courses on taking care of a disabled child as well as other courses for local medical staff, students and family of disabled children. Research: ongoing research in fields such as Congenital Motor System deformity and treatments, Physiotherapy and the care of disabled children.
	Most of the centre functions similar to a hospital, mainly focusing on orthopedics, with various rooms for different treatments including a daycare room for disabled children where they can receive physiotherapy, occupational therapy and speech therapy. The daycare has 5 teachers looking after 32 children, but not all attend everyday. Most of the children suffer from cerebral palsy, down's syndrome, congenital motor system deformity and other disabilities; from learning and cultural activities at the daycare, children can recover some motor function of the body and increase their awareness of the world around them.
COMMUNITY	Ho Chi Minh Centre is located in Tan Binh District, in the west of Ho Chi Minh City. It is easily reached on the bus and total travel time is around one hour. It can be more or less depending on traffic. It is in a densely populated area so all necessary amenities are close by.
VOLUNTEER'S REQUIREMENTS	Volunteers must be 18 years old minimum. Volunteers should like to work with children, show maturity and an initiative spirit. Besides this, volunteers should be patient, open-minded, creative and active in that working environment. Volunteers with a background or experience in medical work or

disabilities will be able to work more closely with Doctors on specialized Physiotherapy. However, volunteers without experience or background will still be able to join in the daycare room work, as children are very excited when meeting volunteers.

VOLUNTEER'S TASKS

Volunteers will spend most of their time in the day-care room working with disabled children. Those who have sufficient experience may move to work in the more specialist Physiotherapy room.

At the project, you will take on two main roles, as a volunteer you will essentially be working as another member of local staff and as such must act accordingly. On the other hand, you are also there to care for and be a friend of the children.

When working with the local staff you will be required to assist them in providing basic rehabilitation exercises and therapy treatment for children. The staff will guide you and help you understand the need of each individual child. If you work in the dedicated physiotherapy room you will be instructed by the Doctors to perform more focused and specialized physiotherapy work with children and sometimes adults.

Back in the day-care room, one of the most important tasks is mealtimes when volunteers are expected to support local staff in feeding children who are unable to manage themselves. While this can at first seem somewhat overwhelming, you will feel more comfortable as you settle and understand the support needed due to a lack of local staff. The local staff will assign you to feed the easier children while they are in charge of the more difficult ones. As you become more familiar you will be expected to learn how to feed all the children. Quite different to the former, you will also help in practical activities such as preparing the room for lunch or naptime, cleaning and any other jobs required of you.

When caring for the children, you will soon realize that despite their disabilities they are simply regular children who want to play and have fun as much as any other child does! Volunteers are encouraged to share their love and enthusiasm through playing and educating with games, music and arts. Group activities with the children through songs or games always have a positive impact on interaction development. Some children can speak a little English and are always excited to practice with volunteers, a chance they don't often get at home. While playing and interacting with the children volunteers must set a positive example and remember to be firm with misbehaviour to help them understand what is right and wrong.

The timetable will be given on arrival with volunteers working 5 days a week (Saturday and Sunday off). Working hours from 8:30am to 11:30am, and again from 2:00pm to 5:00pm with a lunch break and time to rest in between. Volunteers will work 20 hours per week on average.



NUMBER OF VOLUNTEERS IN PROJECT

Maximum 7 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the project is still available.

HOST SITUATION

Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Air-conditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.

Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice,

meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.
During the working day volunteers will stay at the project site to have lunch and take a rest.

	<u>, </u>
HOSTING ORGANIZATION	Volunteers For Peace Vietnam – The South program (VPVS)
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	<u>cuongnguyen@vpv.vn</u> & <u>program@vpv.vn</u>
NAME OF PROJECT	VPVS - Social Welfare 4
NAME OF THOOLOT	Ho Chi Minh Day Care center for disabled children
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Caring for disabled children
AIMS OF THE PROJECT	To help disabled children with treatments related to cerebral palsy, congenital motor deformity, etc. To provide these children basic rehabilitative exercises, and basic education
PROJECT'S ACTIVITIES	The project is Ho Chi Minh Centre for Disabled Children. The project began in 1976 as a joint humane project between international charity foundations and the Ministry of Labour, Invalids & Social Affairs of Vietnam, with the aim of providing rehabilitation for all paralysed children in South Vietnam
	The centre has many purposes, mainly focused on rehabilitation,

with various rooms for different treatments including a daycare room for disabled children where they can receive physiotherapy, occupational therapy and speech therapy. There are about 120 children who are receiving caring in the centre. There are 6 daycare rooms, with about 12 teachers looking after 120 children, but not all attend everyday. Most of the children suffer from cerebral palsy, down's syndrome, congenital motor system deformity and other disabilities; from learning and cultural activities at the daycare, children can recover some motor function of the body and increase their awareness of the world around them

The centre is located at District 3, the central part of HCM city. Volunteers need to take 2 buses from volunteer house to the school (Bus no.34 and no.65)

COMMUNITY CONTEXT

VOLUNTEER'S REQUIREMENTS

Volunteers must be 18 years old minimum. Volunteers should like to work with children, show maturity and an initiative spirit. Besides this, volunteers should be patient, open-minded, creative and active in that working environment. Volunteers without experience or background will still be able to join in the daycare room work, as children are very excited when meeting volunteers.



VOLUNTEER'S TASKS

Volunteers will spend most of their time in day-care room working with disabled children

Work as a staff member. On the other hand, volunteers are also there to be a friend of children

Volunteers are required to assist local staff in providing basic exercises for children with the guidance from them

Volunteers help nurses and staff members feed lunch to children who cannot manage themselves

Volunteers are encouraged to share their love and enthusiasm through playing and educating with games, music and arts

NUMBER OF VOLUNTEERS IN

Maximum 10 volunteers can work at the Day-care center.

Volunteers need to check with hosting organization in advance to

PROJECT	see if the project is still available
HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Air-conditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.
	Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – The South program (VPVS)
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Social Welfare 5
	Gia Dinh special school for autistic children
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Caring for autistic children
AIMS OF THE PROJECT	To help autistic children with special needs such as training and educating children with intellectual impairment in the areas of early intervention, specialization in skill development, social integration, and career development.

PROJECT'S ACTIVITIES	The school was founded with the aim at providing children both mental and physical activities: Typical physical movements, such as walking, standing, running, jumping, and balancing Fine motor skills, such as hand-eye coordination Self-control in eating, dressing, bathing, swimming, and more Language, communication, and social skills Reading, writing, and math skills A colorful, sociable personality in all aspects of life - Skills in weaving, sewing, cooking, arranging flowers or another craft of their choice There are currently 86 children studying at the school, their age range is from 3 to 16.
COMMUNITY	The Gia Dinh special School is located at Binh Thanh District, HCMC.
CONTEXT	Volunteers need to take 2 buses from volunteer house to the school (Bus no.34 and no.18)

Volunteers must be 18 years old minimum. Volunteers should like to work with children, show maturity and an initiative spirit. Besides this, volunteers should be patient, open-minded, creative and active in that working environment. Volunteers without experience or background will be able to join in the daycare room work, as children are very excited when meeting volunteers.



VOLUNTEER'S TASKS

- -Volunteers will spend most of their time in the day-care room working with autistic children
- When working with the local staff you will be required to assist them in providing basic exercises and therapy treatment for children. The staff will guide you and help you understand the need of each individual child
- When caring for the children, you will soon realise that despite their disabilities they are simply regular children who want to play and have fun as much as any other child does! Volunteers are encouraged to share their love, patience and enthusiasm through playing and educating with games, music and arts. Group activities with the children through songs or games always have a positive impact on interaction development. While playing and interacting with the children volunteers must set a positive example and remember to be firm with misbehavior to help them understand what is right and wrong.

NUMBER OF VOLUNTEERS IN PROJECT

Maximum 7 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the project is still available.

HOST SITUATION

Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Air-conditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg. Breakfast, lunch & dinner are provided at the dorm. Food is local

style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.

COMMUNITY DEVELOPMENT PROJECT

HOSTING ORGANIZATION	Volunteers For Peace Vietnam (VPV)- Ho Chi Minh Program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS - Development 1
	Working with local NGOs
LOCATION	Ho Chi Minh city
COUNTRY	Vietnam
THEME/ TYPE OF PROJECT	Local NGO – Community development
AIMS OF THE PROJECT	To help building local NGOs' compacity and achieving their goals in community development fields.
PROJECT ACTIVITIES	Most of local NGOs are working on community development fields such as sustainable development, micro- finance support, health care services, environment protection and community asset development.

COMMUNITY Local NGOs are working with many international partners. However, CONTEXT some of their staff are not very good at English, especially academic English as well as writing proposal and fund raising skills. Thus, they are looking forward to having international volunteers in their team to help with those things. **VOLUNTEER'S** Team work. REQUIREMENT Native English speakers preferred, Computer skills, Flexibility / adaptability, Bring a laptop, Educational degree or practical experience required, Send CV and cover letter, Minimum stay 8 weeks. VOLUNTEER'S TASKS • Participate in developing program and project proposals, including brainstorming, discussion, research, writing and editing, including doing research, editing and fund-raising, Assist in preparation of and editing project reports, communication materials and training documents... including summary the searching reports and editing. Provide/share and or provide supports to local staff for improving English and build effectively English environment **NUMBER OF** From 1 to 3 volunteers depend on the need of project and each local **VOLUNTEERS IN**

NGOs.

PROJECT

HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Air-conditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.
	Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu. At week-day, most of the time lunch is provided by the NGO.

PHYSIOTHERAPY PROJECT

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – Ho Chi Minh program
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	<u>cuongnguyen@vpv.vn</u> & <u>program@vpv.vn</u>
NAME OF PROJECT	VPVS - Physiotherapy
	Ho Chi Minh Orthopedic & Rehabilitation hospital
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Physiotherapy
AIMS OF THE PROJECT	The aim of the program is to provide skilled physiotherapy professionals and students the chance to experience a new culture and working environment while still learning and developing their specialized medical knowledge at the same time. Volunteers get the chance to gain a greater understanding of differences between medical systems in developed and developing countries.
PROJECT'S ACTIVITIES	Known officially as Centre of Orthopedics & Rehabilitation for Disabled Children (CORDC) but it also offers treatment for adults too. The Physio Centre project began in 1979 as a joint humane project between 'Terre des Hommes' (Germany) and the Ministry of Labour, Invalids & Social Affairs of Vietnam, with the aim of providing rehabilitation for all paralysed children in South Vietnam. The centre opened in 1983, and in conjunction with many humane

societies across the world has provided free health care to thousands of Vietnamese children. It provides rehabilitation treatment to adults & children who are usually referred here by their doctor or other hospitals.

The centre has three main purposes:

Rehabilitation: treatments for children aged 5 – 15 years diagnosed with Cerebral Palsy, Congenital Motor Deformity amongst other conditions.

Training: rehabilitative training and courses on taking care of a disabled child as well as other courses for local medical staff, students and family of disabled children.

Research: ongoing research in fields such as Congenital Motor System deformity and treatments, Physiotherapy and the care of disabled children.

Most of the centre functions similar to a hospital, mainly focusing on orthopedics, with various rooms for different treatments including a daycare room for disabled children where they can receive physiotherapy, occupational therapy and speech therapy. The daycare has 5 teachers looking after 32 children, but not all attend everyday. Most of the children suffer from cerebral palsy, down's syndrome, congenital motor system deformity and other disabilities; from learning and cultural activities at the daycare, children can recover some motor function of the body and increase their awareness of the world around them.

COMMUNITY CONTEXT

The Rehabilitation & Orthopedics hospital is located in Tan Binh District, in the west of Ho Chi Minh City. It is easily reached on the bus and total travel time is around one hour, including both bus & walking. It can be more or less depending on traffic. It is in a densely populated area so all necessary amenities are close by.



- Participants must be at least 18 years of age.
- Must present both VPV and local placement with proof of physiotherapy study, qualifications (if any) and experience in the field.
- Participants must be committed and enthusiastic as local staff expect them to become an active member of the team regardless of their skill level or expertise.
- Minimum stay: 2 weeks

VOLUNTEER'S TASKS

Volunteers will be placed with a local physiotherapist who will guide them to different tasks and activities at the placement. As an volunteer, depending on level of experience, participants may work like a local physiotherapist or observe and learn from local staff members.

While participants are always encouraged by local staff to see and learn as much as possible, they are also very interested to gain a better understanding of medical work in your country and in particular, learn about the similarities and differences. This is an interesting type of specialized cultural exchange where both participants and local staff can learn a lot from each other and develop themselves through greater knowledge and understanding.

The timetable will be given on arrival with volunteers working 5 days a week (Saturday and Sunday off). Working hours from 8:30am to 11:30am, and again from 2:00pm to 5:00pm with a lunch break and time to rest in between. Volunteers will work 20 hours per week on average.



NUMBER OF

Maximum 4 volunteers can work at this project. Volunteers need to

VOLUNTEERS IN PROJECT	check with the hosting organization in advance to see if the project is still available.
HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Air-conditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.
	Breakfast, lunch & dinner are provided at the dorm. Food is local style, cooked by a Vietnamese cook from Monday to Friday. On weekend, our cook will prepare dry food (bread, jam, butter, milk, sausage, eggs, instant noodle, fruits and vegetable) as she is off on Saturday afternoon and Sunday. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu. During the working day volunteers will stay at the project site to have lunch and take a rest.

ENVIRONMENT PROJECTS

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – The South program (VPVS)
CONTACT PERSON	Cool (Cuong Nguyen) & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS-ENV 1
	UNESCO's international biosphere reserve
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Environment
AIMS OF THE PROJECT	The aim of this project is to reforest unproductive land within Can Gio Biosphere Reserve that has little remaining original vegetation on it. Existing trees will remain but new native trees will be planted. The aim is to regenerate local area, bring back a forest, and restore biodiversity to the area.

PROJECT'S ACTIVITIES

The site is an important wildlife sanctuary in Vietnam as it is characterized by a wetland biosystem dominated by mangrove and many rare species. Today, it has become one of the most extensive sites of rehabilitated mangroves in the world. One of the main advantages of the biosphere reserve is that it provides the opportunity to work on environmental protection on a continuum of habitats, ranging from the sea to the boundary of Ho Chi Minh City, the biggest industrial city in Vietnam. The mangrove forest is regarded as the "green lungs" of the city.



COMMUNITY CONTEXT

UNESCO's international biosphere reserve in Ho Chi Minh City, one of the most important of wetland conservation site of the country. It covers 75,740 hectares and is dominated by mangroves, including both salt water and brackish water species. And it has a high biodiversity with more than 200 species of fauna and 52 species of flora.

Volunteers must be 18 years old minimum. Volunteers must show eagerness, the ability to maintain motivation and reliability. For this project, experience is high appreciation, but enthusiasm for hard work and to 'get involved' in our cause is. Volunteers also need to be fit and healthy and able to rapidly adapt to the local situations.



VOLUNTEER'S TASKS

Volunteers will be guided and supervised by the centre staff. The exact nature of the work volunteers will be doing varies all the time and there is no such thing as a 'typical' day. However there are certain jobs that will be volunteer's responsibility such as:

- Regenerate a degraded area with native trees
- Rebuild a natural forest by planting trees suitable to the area
- Restore biodiversity to the immediate area by providing a habitat for native animals
- Regenerate and secure topsoil
- Take action against climate change trees absorb carbon dioxide, a key greenhouse gas, from our atmosphere and store the carbon while releasing oxygen. Forests act as carbon sinks and one tree can store between 500kg – 1 tonne of CO2 over its lifetime
- Participate with the communities in environmental, health, educational activities.
- Researching and working at a vegetal laboratory together with local experts and students.
- Provide improvements to the livelihoods of the local communities.
- Collecting trash every Thursday.
- Wild anical care (monkey, otter, pig, crocodile).
- Fundraising encouragement

Dress Code: Working for biosphere reserve center is different with other work. The dress code should be both casual and formal sometimes. Be aware that you can get dirty easily at work! So

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	down here are the tips for clothers: Bring 'wash-and-wear' quick drying items only.
	Bring 'wash-and-wear' quick drying items only. Sensible shoes are a must. Please ensure that they are comfortable and fully enclosed. Don't forget to bring a hat, sunscreen and sunglasses, as you may spend all day outdoors.
NUMBER OF VOLUNTEERS IN PROJECT	Maximum 8 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the project is still available.
HOST SITUATION	Volunteers will stay in a dormitory at the biosphere reserve center with basic conditions, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 1-4 volunteers per room. In the busy time the size can be maximum 8 volunteers per room. Western toilets and showers are available, room has fans.
	Breakfast, lunch & dinner are provided at the restaurant near by the center. Food is local style, cooked by a Vietnamese cook. The main types of food will be rice, meat, fish and vegetables. For vegetarians the choice is usually limited to rice, bread, vegetables, egg & tofu.

HOSTING ORGANIZATION	Volunteers For Peace Vietnam – The South program (VPVS)
CONTACT PERSON	Cuong Nguyen & VPV team
PHONE	+84-912-567-397 +84-987-498-449
EMAIL	cuongnguyen@vpv.vn & program@vpv.vn
NAME OF PROJECT	VPVS-ENV 2

	Organic Farming
LOCATION	Ho Chi Minh City
COUNTRY	Vietnam
THEME/TYPE OF PROJECT	Organic Farming
AIMS OF THE PROJECT	Farming is a new yet full of potential project at Leaf pagoda besides taking care of children and renovation works. There are two kinds of farming that can be carried out here: organic vegetable farming & herbal farming. The project aims at making use of uncultivated land in the pagoda to grow vegetables which are important sources of food for all the monks, children, and people living here. Usually, almost all of their food is donated, and they only buy tofu for the meals. Having an organic vegetable garden, they can provide themselves with healthier and more diverse foods; more importantly, this garden lessens their food expense. In addition to a stable, cheap, and healthy food supply, the project attempts to accommodate people here with herbals or traditional medicine. Currently, there is a clinic providing free traditional treatment and medication for people in the pagoda and in the neighboring areas who cannot afford health care fee at hospitals. Moreover, in cooperation with Red Cross Organization, the pagoda usually organizes trips to rural provinces to cure diseases for local people. Herbal farming, therefore, is not only helpful for people inside the pagoda but also for the community. Shortly put, this project is implemented to beautify the pagoda landscape, make good use of land, and supply food and medicine for about 80 people inside the pagoda as well as the local community.

PROJECT'S ACTIVITIES

Leaf Pagoda (originally known as Huyen Trang Pagoda) was built in 1996 in Nha Be district, HCMC. Some of the children here come from poor families who cannot afford to bring them up, the others have lost their parents. There are only a few monks living here and some local volunteers to help every day, so the volunteers can come during the daytime to take care of the children. The volunteers can play games, help them colour the pictures, or take them out for a walk. The volunteers can also help do the farming, the gardening, construction work or the cleaning.

- Number of small children: 10 20
- Age: 20 months to 8 years old



COMMUNITY CONTEXT

The main source of funding comes from followers of Buddhism and local sponsors, which is mostly spent on charity. Thus, the pagoda is poorly constructed and equipped; and the budget for food and other implements is very limited.

Leaf pagoda was built in 1996 in Nha Be, Ho Chi Minh City. The pagoda was originally named Huyen Trang yet the fact that its roofs linked together with coconut leaves gave it a more informal name - Chua La or Leaf Pagoda.

Today, in this peaceful and quiet space in the outskirts of HCM city, the pagoda brings up orphan children, take care of old people, and organizes charity trips across the country.



Volunteers must be 18 years old minimum. Volunteers must show eagerness, the ability to maintain motivation and reliability.

For this project, experience is not necessary, but enthusiasm for hard work and to 'get involved' in our cause is. Volunteers also need to be fit and healthy and able to rapidly adapt to the local situations.

VOLUNTEER'S TASKS

This project requires a lot of time and continuous effort, thus, it cannot be fully accomplished at once. In fact, one group will be in charge of one step of the process only and the next groups to come will continue the work. Gradually, with the contribution of different groups around the world, farming project can be successfully implemented.

This project includes 3 phases with following activities: Preparation:

- a) Cleaning and evening out the ground,
- b) Fertilizing
- c) Making beds,
- d) Building water purification system ii. Cultivation:
- e) Planting
- f) Watering and weeding regularly,
- g) Harvesting. iii. Improvement:
- h) Developing draining and irrigation system,
- i) Expanding the area under crop
- i) Building a tool-shed

NUMBER OF VOLUNTEERS IN PROJECT

Maximum 8 volunteers can work at this project. Volunteers need to check with the hosting organization in advance to see if the project

	is still available.
HOST SITUATION	Volunteers will stay in a dormitory, sharing rooms with volunteers of other nationalities joining the same program. Normally, rooms are arranged with about 2-6 volunteers per room. In the busy time, the number can be maximum 7 or 9 volunteers per room in five bunk beds. Western toilets and showers are available. Air-conditioner at night time (9PM- 6AM); hot water using solar energy is available, but less during the raining season. The house has TV, PC with internet, free WIFI, fridge, cooking facilities, common room and terrace. Laundry service in the house with the cheap cost US\$1 for 2 kg.
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